

ANNUAL

REPORT

Ronald McDonald House Charities<sup>®</sup> British Columbia & Yukon

Manual March

## OUR MISSION

We give sick children the healing power of being together with family.

A home away from home for all families facing a medical crisis.

OUR VALUES

VISION

**OUR** 

DARE TO CARE Compassionate



BELIEVE WE CAN Uplifting



EMBRACE ALL HUMANS Inclusive



PERSPIRATION MAKES INSPIRATION Dedicated

### 151 COMMUNITIES SERVED IN 2022



AVERAGE STAY FOR FAMILIES: 29 nights in 2022

332 nights in 2022

#### WHERE OUR FAMILIES ARE FROM:

26%	Interior
22%	Vancouver Island
24%	Northern BC
8%	Fraser Valley
4%	Squamish, Whistler, Sunshine Coast
8%	Kootenays
5%	Yukon
3%	Other



### SEEKING SOLACE FAR FROM HOME MEET THE DIX FAMILY

The closest children's hospital to the Dix family was more than 24 hours away and would include: a two-hour drive to the ferry terminal, an eight-hour ferry ride, and seventeen additional hours in the car. When fifteen-year-old Jalissa Dix was admitted to the Shapedown BC program at BC Children's Hospital in Vancouver, this mother-daughter duo packed their bags and said goodbye to their family and friends in Haida Gwaii. Along with the Shapedown clinic lasting up to ten weeks, the family had strategically planned to have other medical procedures and appointments scheduled, taking advantage of their time away from home.

"Saying goodbye was hard on her," said Mom, Veronica. "We had to leave her younger sister at home, her auntie who is a second mom, and her grandma."

Jalissa and her family had visited the House twice before for her younger sister's medical appointments. Since their last visit, they formed close friendships at the House that made returning much easier. They kept in touch with those families by phone, exchanging gifts, celebrating good news, and catching up on life. Although the Dix family admitted being far away from their family and culture felt isolating, they did find a supportive community at RMH BC that accepted them and best related to their situation.

Without the House, says Veronica, "we would have had to stay at a hotel and live off of fast food. At Ronald McDonald House BC we can cook our own meals." Veronica and Jalissa were also thankful for the Art Therapy and Massage Therapy programs, which provided them with cherished moments of relaxation, creativity, connection, and self-expression.

During their stay, the Dix family had the chance to attend a hockey game, and on their previous visit, they were fortunate enough to win donated tickets to a Harry Styles concert. "These experiences were truly priceless to us as a family. They are things that we would never have been able to afford on our own," says Veronica.

All families at the House are equally able to take advantage of the opportunities provided due to the generous support RMH BC receives from its community partners. "When certain socio-economic barriers are eliminated, people have the chance to truly connect with each other on a human-to-human level. This is what we see happening at the House - people coming together and relating to each other in a way that is authentic and genuine," says Richard Pass, CEO of Ronald McDonald House BC and Yukon.

The location of the House also allowed Jalissa and her mom to walk to nearby recreation centres and use the pool and other facilities with the free passes provided. These moments were especially meaningful and provided a source of positivity. Amidst the chaos of difficult times, the Dix family found solace and a sense of belonging in their cherished home away from home.

"When you are here, you are not here for a good reason, but it presents unique opportunities that wouldn't be possible otherwise." – Veronica Dix

# **CORE WELLNESS PROGRAMS**

#### MUSIC THERAPY

Together with our Registered Music Therapist,families explored different instruments and sang along to favourite songs during one-on-one and group sessions.

PROGRAM HOURS IN 2022:	371
TOTAL PARTICIPANTS IN 2022:	969
TOTAL SESSIONS IN 2022:	100

#### **ART THERAPY**

Art Therapy provided a calming, creative outlet for child patients and their families. Through this program, anxiety was reduced and families had the opportunity to meet others facing similar situations.

PROGRAM HOURS IN 2022:	312
TOTAL PARTICIPANTS IN 2022:	871
TOTAL SESSIONS IN 2022:	119

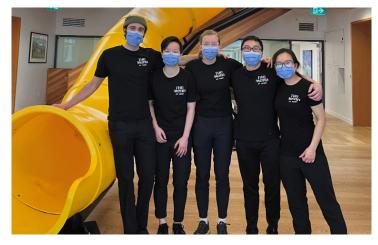






#### PET THERAPY

On Sunday afternoons, families, trainers, and BC Alberta Therapy Dogs gathered in the Forest Mud Lounge for pet therapy sessions. Through this unique Core Wellness Program, families had the opportunity to experience reduced anxiety and stress and increased quality of life.



#### MASSAGE THERAPY

Every week, the Vancouver College of Massage Therapy conducted 50-minute massage therapy sessions for families with the aim of decreasing caregiver burnout and promoting relaxation.



## CORPORATE PROGRAMS AND PARTNERS

Many businesses want to give back to their community in a positive and fulfilling way, but they are unsure of how to best involve and engage their staff. Fortunately, at RMH BC we offer a variety of programs and partnership opportunities that are suitable for businesses of all sizes.

Some of our corporate opportunities include initiatives like Light the House, Adopt a Room, Adopt a Family, House Hero and more. Whether it's a one-time donation, one month, 3-year or 5-year commitment, the contributions of our corporate partners make special moments possible every day for the 73 families across the province staying at the House.

## **OUR VOLUNTEERS**

Our dedicated team of volunteers assist us in welcoming new families and supporting them in a variety of ways, both at the House and in the Surrey Family Room. Their time, energy, and spirit help to strengthen our mission and promote a genuine sense of community. Whether it's through Family Meals, providing program support, assisting with events, or working the front desk, there are countless ways to contribute to our mission of increasing opportunities for families in need.



Our **72** volunteers provided **5,012** hours of support in 2022.



Since 2019, **BRAD SKEATS** has been an unwavering force of goodwill at the House, generously dedicating over 200 hours of his time to support our mission. Even amidst the pandemic, Brad remained steadfast in his commitment to serve. His selflessness and dedication are a testament to the power of volunteerism and the enduring spirit of compassion that defines our community here at RMH BC.

## FAMILY MEALS PROGRAM

Individuals, groups, companies, and organizations who participated in our Family Meals Program in 2022 prepared and cooked meals, and cleaned up afterward to alleviate some of the stress for families at the House.

Coming back after a long day of hospital appointments to a home-cooked meal is not only comforting and convenient, but it also saves money for families who would otherwise have to buy groceries while far from home. Thank you to all our Family Meals Program groups and participants who help provide nourishing and wholesome meals for our families throughout the year!

**10,867** meals were shared as part of the Family Meals Program in 2022.





### **GROUP ACTIVITIES**



Birthday Party with Elsa and Anna



Easter Egg Hunt at the House

## **OUT-TRIPS**



Vancouver Aquarium



**Rugby Sevens** 

# SIGNATURE EVENTS

## 34TH ANNUAL VANCOUVER GOLF TOURNAMENT JUNE 28, 2022

Thank you to everyone who came out to Northview Golf & Country Club and made this tournament successful. We raised a total of **\$202,000**, which equals over **1,347** Nights of Comfort for the families of Ronald McDonald House BC & Yukon.

### 29TH ANNUAL VANCOUVER ISLAND GOLF TOURNAMENT PRESENTED BY RLC PARK SERVICES | JULY 21, 2022

More than 20% of families come to the House from Vancouver Island, and thanks to our generous community of supporters, donors, and partners, we were able to raise a whopping **\$218,000** (or **1,453** Nights of Comfort) for local families in need of a warm and welcoming place to stay.

#### A NIGHT TO DREAM GALA PRESENTED BY BEEDIE SEPTEMBER 17, 2022

Our annual A Night to Dream Gala raised **\$600,000**, making it a memorable return to large-scale, in-person events since the beginning of the pandemic.Thank you to all who showed up in support of the House and for raising over **4,000** Nights of Comfort.









### MCELHANNEY CARES 2022

The McElhanney Cares Tournament gained momentum once again in 2022! Our devoted supporters from the Interior gathered to shoot pucks and soccer balls in support of RMH BC, and their contributions totaled **\$70,515** to help support up to 2,000 families who stay at the 73-bedroom House each year.

### **OKANAGAN DREAM RALLY**

Matt August and the August Luxury Motorcars team hosted their annual Okanagan Dream Rally in which drivers were paired with co-pilots, child patients, or RMH BC Alumni Families to drive from Kelowna to Penticton and back. The 2022 Okanagan Dream Rally raised an incredible **\$467,929**, equating to approximately **3,120** Nights of Comfort for the families of RMH BC & Yukon.



### INLAND CASE CHARITY DRIVE

The Inland and CASE Construction Equipment Charity DRIVE has been supporting Ronald McDonald House British Columbia & Yukon since 2020. They have committed to donating proceeds from each machine sold to Ronald McDonald House BC & Yukon. With an initial goal of \$50,000, the team quickly surpassed this milestone and have now increased their goal to **\$300,000**!

## FAMILY ROOM AT SURREY MEMORIAL HOSPITAL



Conveniently located outside of the NICU within Surrey Memorial Hospital is the Ronald McDonald Family Room. For families whose children are admitted for treatment at the hospital, the Family Room acts as a peaceful rest area equipped with a full kitchen, 4 overnight sleeping rooms, a laundry facility, and a TV lounge.

With help and funding from generous donors like you, we were able to support **310** families at the Family Room in 2022.



#### **GIVING BACK**

The Lehwald family used the Family Room's facilities while their son was in the NICU and were particularly grateful for the warm showers. Later on, during the holidays, they created 280 toiletry kits for other families in similar situations, exceeding their initial goal of 30 kits.

## THANK YOU FOR SUPPORTING OUR WINNING TEAM

### A 2022 MESSAGE FROM RICHARD PASS AND THE BOARD

The year 2022 was one of gathering, connecting, and celebrating. With the return of in-person events and corporate groups, we witnessed families at the House unite as new friendships were forged, support networks were formed, and communities were built in the face of adversity.

We also reflected on all of our achievements over the past four decades as we enter our landmark 40th year in 2023. Our gratitude goes out to all of our supporters who continue to root for us and believe in our mission of giving sick children the healing power of being together with family. With you on our side, we are confident that we will stay focused and keep on winning for another 40 years and beyond.

Ronald McDonald House BC & Yukon continues to operate at full capacity. The demand for accommodation remains high, with 2 out of 3 Canadians living in a city or town without a children's hospital. More and more families need a supportive home away from home during a medical crisis.

Our dedicated Board of Directors are working on developing creative and careful expansion plans that will continue providing opportunities for healing and comfort to local families in need of support.

The magic of family togetherness has the power to propel us to new heights. It is a force that can inspire us to achieve things that we never thought were possible. When we are surrounded by the people we love and care for, we feel supported and motivated to pursue our dreams. Whether we are facing challenges or experiencing successes, having our loved ones by our side can make all the difference in the world.

So, thank you, for getting behind our mission of giving sick children the healing power of being together with family. The best is yet to come!

With gratitude and deep appreciation,

Ruhard Pun

Service

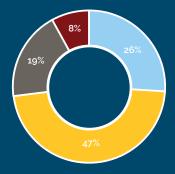
**Richard Pass, CEO** 

Linda Lemke, Board Chair

# FINANCIAL REPORT

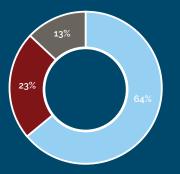
CONDENSED STATEMENT OF OPERATING REVENUES AND EXPENSES

#### 2022 REVENUES



	YEAR ENDED	YEAR ENDED
REVENUES	DEC 31, 2022	DEC 31, 2021
Fundraising Events	1,916,018	1,005,632
Donations	3,487,112	4,287,032
RMHC & McDonald's		
Contributions	1,386,994	1,504,302
Room Fee Contributions	663,239	690,120
TOTAL REVENUES	7,453,363	7,487,086

### 2022 EXPENSES



EXPENSES	YEAR ENDED DEC 31, 2022	YEAR ENDED DEC 31, 2021
Family Services & House Operations	4,274,187	3,643,334
Fundraising – Donor Stewardship & Events	1,521,475	1,235,704
General Admin/ Governance	868,918	759,795
TOTAL EXPENSES	6,664,580	5,638,833
EXCESS OF OPERATING REVENUES OVER EXPENSES	788,783	1,848,253
Canada Emergency Wage Subsidy	_	362,471
Investment income, Unrestricted	45,794	18,368
Investment income, Restricted Unrealized Gain	(1,469,654)	1,866,322
		14,446
Bequests	208,082	1711-

### CONDENSED STATEMENT OF FINANCIAL POSITION

ASSETS	<b>YEAR ENDED</b> DEC 31, 2022	YEAR ENDED DEC 31, 2021
Current Assets	2,181,164	2,319,654
Restricted Cash	38,691	105,300
Investments - Unrestricted	1,300,000	1,390,000
Investments – Internally Restricted	22,947,574	22,417,228
Property and Equipment	27,043,396	27,617,869
TOTAL ASSETS	53,510,825	53,850,051

LIABILITIES AND FUND BALANCES	YEAR ENDED DEC 31, 2022	YEAR ENDED DEC 31, 2021
Current Liabilities	710,602	622,833
Unrestricted Funds	2,770,562	3,086,822
Externally Restricted Funds	38,691	105,398
Internally Restricted Funds	22,947,574	22,417,228
Invested in Property and Equipment	27,043,396	27,617,870
TOTAL LIABILITIES AND FUND BALANCES	53,510,825	53,850,051

Financial accountability and transparency are important to us. To view our full audited financial statements, please visit www.rmhbc.ca.

Ronald McDonald House B.C. & Yukon operates under the legal name of The Children's Family House Society of B.C.

# RECOGNIZE SUPPORT

### 2022 BOARD MEMBERS

#### **CHAIR** Linda Lemke

PAST CHAIR Patrick McGuinty

**TREASURER** Lori Podnevar

**SECRETARY** Anita Yuk Amin Tabatabayi Christy Hay Daphne Johnson Don Davies, MP Doug McWilliams Jesse Xin Linda Lucas Lori Podnevar Michelle Duke Mike Rampf Nancy Blair Niels Bednarczyk Robyn Smith Trish Pekeles Vincent Chow



## OUR JOURNEY CONTINUES



For Ronald McDonald House BC & Yukon, 2022 was another successful year for families who needed accommodation and a sense of community far from home. With gratitude, we would like to thank everyone who supported us in strengthening our mission and look forward to continuing our efforts in 2023 and beyond.

To give back to local BC & Yukon families, please use the QR code above to DONATE TODAY.



RONALD MCDONALD HOUSE BC & YUKON ANNUAL REPORT 2022